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## Life Threatening Emergency or Danger 911

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### Poison Control

800-222-1222

[www.poison.sc.edu](http://www.poison.sc.edu)

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#### GUN SAFETY

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Kids & Guns  
[www.kidsandguns.org](http://www.kidsandguns.org)  
877-955-KIDS

Speak Up  
[www.speakup.com](http://www.speakup.com)  
866-773-2587

Children's Trust  
[www.scchildren.org/keeping\\_kids\\_safe/guns/](http://www.scchildren.org/keeping_kids_safe/guns/)  
803-733-5430

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#### FIRE SAFETY & SMOKE DETECTORS

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*\*If you own your home, the fire department will install a free smoke detector. If you rent, your landlord is required by law to have a working smoke detector.*

Charleston City Fire Department  
843-720-1981

Mt. Pleasant Fire Department  
843-884-0623

North Charleston Fire Department  
843-740-2616

James Island Fire Department  
843-795-9060

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#### FOOD ACCESS

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Women, Infant and Children (WIC)  
[www.fns.usda.gov/wic](http://www.fns.usda.gov/wic)  
1-800-922-4406

Lowcountry Food Bank  
[www.lowcountryfoodbank.org](http://www.lowcountryfoodbank.org)  
843-747-8146

Supplemental Nutrition Assistance Program (SNAP)  
[www.scthrive.org](http://www.scthrive.org)  
1-800-726-8774

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#### VIOLENCE & ABUSE RESOURCES

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People Against Rape  
[www.peopleagainstrape.org](http://www.peopleagainstrape.org)  
843-745-0144

Darkness to Light (Child Sexual Abuse)  
[www.d2l.org](http://www.d2l.org)  
843-965-5444

My Sister's House  
[www.mysistershouse.org](http://www.mysistershouse.org)  
843-744-3242

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#### DRUG & ALCOHOL SUPPORT

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Smoke Free  
[www.smokefree.gov](http://www.smokefree.gov)  
1-800-784-8669

Tri-Country Intergroup Office  
[www.aa.org](http://www.aa.org)  
843-723-9633

Charleston Recovery Center  
[www.charlestonrecoverycenter.com](http://www.charlestonrecoverycenter.com)  
843-270-1588

National Institute on Alcohol Abuse and Alcoholism  
[www.niaaa.nih.gov](http://www.niaaa.nih.gov)  
1-800-662-4357

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#### DEPRESSION & MENTAL HEALTH

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Teen Line  
[www.teenlineonline.org](http://www.teenlineonline.org)  
1-800-852-8336

Suicide.Org  
[www.suicide.org](http://www.suicide.org)  
1-800-273-8255

MUSC Institute of Psychiatry  
[www.musc.edu/psychiatry](http://www.musc.edu/psychiatry)  
843-792-9888

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**Life Threatening Emergency or Danger  
911**

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**Poison Control**  
**800-222-1222**  
www.poison.sc.edu

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**SHELTERS**

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One80 Place  
www.one80place.org  
843-723-9477

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**CAR SEAT SAFETY**

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Charleston Safe Kids  
www.charleston-sc.gov  
843-792-5327

Safe Kids Worldwide  
www.safekids.org  
803-744-4029

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**HEALTHY EATING & PHYSICAL ACTIVITY**

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Chose My Plate  
www.chosemyplate.gov

Chop Chop Cooking Club  
www.chopchopcookingclub.org

Let's Move  
www.letsmove.gov

We Can!  
http://wecan.nhlbi.nih.gov

Girls Health  
www.girlshealth.gov

Nutrition.gov  
www.nutrition.gov

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**OTHER RESOURCES CONTINUED**

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Postpartum Support Charleston  
www.ppdsupport.org  
843-410-3585

South Carolina Department of Social Services  
www.dss.sc.gov  
803-898-7601

Family Connections of SC  
www.familyconnectionsc.org  
1-800-578-8750

Family Services  
www.fsisc.org  
843-744-1348

American Red Cross  
www.redcross.org

Stop Bullying  
www.stopbullying.gov

Children's Trust of South Carolina  
www.scchildren.org

Project Hope  
www.dss.sc.gov/projecthope/

Big Brothers & Sisters  
www.becomeabig.org  
843-266-5230

The Point Teen Clinic  
www.scdhec.gov  
843-834-5969

Help Me Grow  
www.helpmegrowsc.org  
1-855-476-9211

Hands on Health South Carolina  
www.handsonhealth-sc.org

Healthy Children – American Academy of Pediatrics  
www.healthychildren.org